

UNITE TO → END TB

Key facts about tuberculosis:

- Tuberculosis is one of the top 10 causes of death worldwide and is the top infectious disease killer
- In 2017, 10 million people fell ill with TB, and 1.6 million died from the disease.
- TB mostly affects adults in their most productive years. However, all age groups are at risk.
- 3.6 million people with TB are missed by health systems every year and therefore may not get adequate care they need
- TB is a treatable and curable disease. Between 2000 and 2017, an estimated 54 million lives were saved through TB diagnosis and treatment.

Governments, UN agencies, partners, civil society, private sector actors, research and academia, healthcare providers and the general public can and should work together to end the TB epidemic



TUBERCULOSIS REFERENCE LABORATORY BAMENDA

For questions about our lab, the Xpert MTB/RIF assay or the TB REACH program, please contact us at:

Same compound with the Bamenda Regional Hospital, behind the Day Hospital and next to the North West Regional Fund for Health Promotion
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PARTNERS

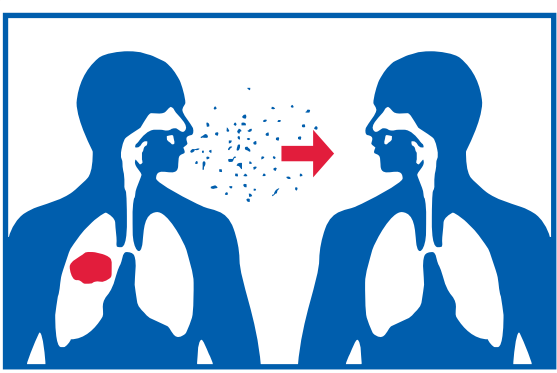


Tuberculosis (TB) Facts



TB can be cured





Anyone can get TB

You have a higher chance to get TB disease if you:

- Have HIV infection
- Have other health problems, like diabetes, that make it hard for your body to fight germs.
- Are undernourished
- Abuse alcohol or smoke



The good news:

TB disease can be **prevented, treated, and cured**

Some signs of TB disease are:

- A cough, especially if it lasts more than 2 weeks
- Fever (internal heat)
- Sweating at night or when you sleep
- Losing weight without trying
- Pain in the chest
- Weakness or feeling very tired
- Coughing up blood or sputum from deep inside the lungs

Treatment for TB Disease

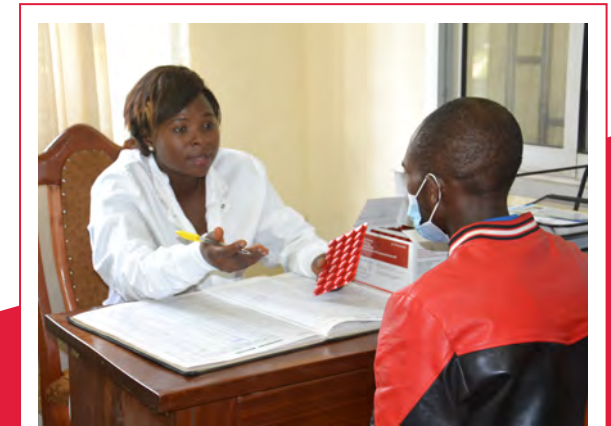
- TB disease is treated with **FREE** medicine
- Medicines are available at **designated treatment centers nationwide**
- Treatment must be taken every day for at least 6 months.

What is TB?

TB is short for tuberculosis. TB is a serious disease that can cause a person to become very sick if not treated with medicine. TB usually affects the lungs, but it sometimes affects other parts of the body.

How do you get TB disease?

- TB is spread through the air from one person to another. The TB germs are passed through the air when someone who is sick with TB disease coughs, laughs, sings, or sneezes.
- If you breathe air that has TB germs, you may get TB infection. This means you have only dormant (sleeping) TB germs in your body. These dormant germs are not making you sick, and you cannot pass these germs to anyone else. If these dormant TB germs in your body wake up and multiply, you will get sick with TB disease.
- TB can cause death if not treated with medicine.



Treatment for TB is FREE in Cameroon

For more information

<http://www.who.int/tb/strategy/en/>

<http://www.stoptb.org/>

<http://www.cdc.gov/tb>